



# Brentwood School

## Cyberbullying

Cyberbullying is any form of bullying which takes place online or through smartphones and tablets. Social networking sites, gaming sites, chat rooms and messaging apps, such as WhatsApp, Facebook, Xbox Live, Instagram, YouTube, Yellow, Snapchat and other chat rooms can be great fun and positive experience. But what do you do when things go wrong?

If your child is subjected to any form of cyberbullying:

- Tell them not to reply
- Keep a record of the abuse for future investigation
- Tell someone in school and/or report the problem to the police
- Our School anti-bullying policy

For further advice and support please go to [childline.org.uk/explore/bullying](https://www.childline.org.uk/explore/bullying)

Nobody has to go through online bullying alone. Often the first step in stopping it is telling someone about it.

### Links to Parent Guides

- **Instagram Guide** - [connectsafely.org/instagram](https://connectsafely.org/instagram)
- **Snapchat Guide** - [connectsafely.org/wp-content/uploads/snapchat\\_guide.pdf](https://connectsafely.org/wp-content/uploads/snapchat_guide.pdf)
- **Facebook Guide** - [connectsafely.org/pdfs/fbparents.pdf](https://connectsafely.org/pdfs/fbparents.pdf)
- **Cyber Bullying Guide** - [connectsafely.org/cyberbullyingresourcecenter](https://connectsafely.org/cyberbullyingresourcecenter)